

*Colors allowed by Military*

*Tan, brown, gray  
Black, olive  
Khaki and  
Camouflage*

### KNITTING INSTRUCTIONS FOR HELMET CAPS

Size 10 knitting needles (Can use circular needles)

2 oz. Yarn (Red Heart) Camouflage

Instructions:

Cast on 72 stitches

Row 1: K2, P2, K2, across ending with P2

Rows 2-6: repeat first row (this makes ribbing)

Row 7 - Knit

Row 8 - Purl

Repeat last two rows until hat is 8 1/2" from the start.

End on a knit row.

K2 together across the row.

Purl a row.

K2 together across the row.

Last row: Purl across

With a separate 14" piece of yarn, thread a yarn needle and pull yarn through the stitches left on the needle and remove the needle.

Pull tightly then sew seam shut.

If you can use a circular needle, after the ribbing is done, you only have to knit all the rows. To finish off, use double pointed needles.

*6 oz / 100% wool  
is washed & dyed  
yes in Iraq,  
S Korea & Kosovo.  
Afghanistan.*

*8 1/2"*